

ANGELINA MANOS

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EDUCATION

**Marist Sisters College Woolwich, high school certificate
completed in 2022**

**Currently studying at UTS in a Bachelor of Engineering
(civil)**

EXPERIENCE

**Football Coach | Northbridge Football Club |
JANUARY 2020 – SEPTEMBER 2024**

Developed strong leadership skills through
establishing and fostering an open and friendly
environment for the children.

Demonstrated adaptability and strong decision
making skills through the ability to develop game
plans and adjust them according to various
game situations.

Altering communications and training sessions in
order to suit an older audience

**1. Casual Building Assistant | B&T Building services
| MAY 2021 – DECEMBER 2023**

Demonstrated responsibility and efficiency under
tradesmen's supervision.

Implementing analytical skills through invoicing,
payroll and administrative tasks.

CAREER PROFILE

**2023 graduate of Marist Sister College
Woolwich, who can offer:**

Exceptional communication and
leadership skills developed through
experience as a football player and
coach.

Determined and enthusiastic qualities
shown as a second hand when asked
to complete diverse tasks under the
supervision of a tradesman.

Exceptional communication and
customer service skills developed
through a year experience in fashion
retail.

ACHEIVEMENTS

Northbridge Bulls Football Association
women's captain 2021

NSW Catholic school soccer
representative

Retail Assistant | Decjuba Pty Ltd | OCTOBER 2021 – Present

Developed professionalism and efficiency through acquiring extensive customer service and fashion styling experience.

Demonstrated exceptional leadership and task delegation skills through managing a team of 7 staff when the store has no manager.

Improved overall team performance and achievement of KPIs through assisting the implementation of training programs.

Adopted strong interpersonal skills through attending customer and company enquiries.

Traffic Controller | Retro Traffic | MAY 2023 – PRESENT

Applied Safety Awareness & Risk Management procedures daily to maintain a safe work environment for road users, pedestrians, and site workers; monitored and mitigated hazards in high-risk construction zones.

Directed and managed traffic using stop/slow techniques and radio communication to ensure safe and efficient vehicle movement through worksites.

Collaborated effectively with site supervisors, contractors, and fellow controllers to coordinate road closures, detours, and work sequences.

Demonstrated quick judgment and adaptability in responding to changing traffic conditions, emergencies, and weather impacts.

CERTIFICATES

CPCCWHS1001 (White Card)

Traffic Controller (Blue Card)

Traffic Control Plan Implementer
(Orange Card)